

's

Daily Morning Routine



How are you feeling about today?



What are you looking forward to?



Who can you ask for help if you need it?

Use this routine each morning to begin the school day. Fill in the blanks for each component of your routine and put a check in the box when complete.

Remember to consider the following:

How can you take care of all your body's senses and needs?

Have you read over the day's agenda and know what to expect?

When should your camera and microphone be on or off?

Do you know when the next stretch break or playtime will be?
